

200 Freestly Relay All Region Seed Times

Rk	Team	Reg	Time
1	Buckhannon Upshur	3	01:44.51
2	George Washington	4	01:46.81
3	Fairmont Senior	2	01:48.12
4	Spring Mills	2	01:50.04
5	John Marshall	1	01:50.82
6	Philip Barbour	3	01:51.46
7	Brooke	1	01:51.49
8	Spring Valley	4	01:51.89
9	Huntington	4	01:52.02
10	Bridgeport	3	01:53.73
11	Jefferson	2	01:54.27
12	Winfield	4	01:55.36
13	Elkins	3	01:55.49
14	East Fairmont	2	01:55.53
15	Morgantown	1	01:55.81
16	Hurricane	4	01:57.30
17	Martinsburg	4	01:59.45
18	Wheeling Central	1	01:59.71

200 Freestly Relay All Region Seed Times

Rk	Team	Reg	Time
1	RCB	3	01:35.65
2	Wheeling Park	1	01:35.72
3	Parkersburg South	1	01:36.70
4	Buckhannon Upshur	3	01:37.24
5	George Washington	4	01:37.24
6	Parkersbug	1	01:38.75
7	Elkins	3	01:38.79
8	Huntington	4	01:38.98
9	Cabell Midland	4	01:38.99
10	Jefferson	2	01:41.29
11	Spring Mills	2	01:41.36
12	Capital	3	01:41.79
13	East Fairmont	2	01:43.10
14	Winfield	4	01:43.68
15	Grafton	3	01:44.28
16	Wheeling Central	1	01:45.51
17	Bridgeport	3	01:45.88
18	University	1	01:46.46